

Foundations of Leadership

Equis Consulting...



Discovering the Solutions Within™

Discovering...
Where are you now?
Searching...
Where do you need to go?
Charting...
How will you get there?



Are you ready to lead?

-  **Conversational Workshops**
-  **Self-Exploration**
-  **Customized Content**
-  **Expert Delivery**

Explore the **4** foundations of leading in today's corporate environment: Understanding Others, Managing Change, Facilitating Discussions, and Coaching Others. Each session builds on the previous session and emphasizes customized exercises and discussion.

Module 1: Understanding Others

This module is designed to assist you in the critical skill of effectively communicating one-on-one with your employees, peers, and other business leaders. Discuss with your peers the communication process and the barriers to effective communication at work. Improve your interpersonal relationships by understanding your personality preferences for communicating with others.

Module 2: Managing Change

Change is one of the primary factors affecting modern organizational life. Because change is an inherent part of an organization, successfully managing change has become a major part of the contemporary business world.

Module 3: Facilitating Discussions

Facilitation of groups is rapidly becoming one of the key interpersonal skills in business today. Contrary to the skill of presenting, leading, or training, facilitation requires a more subtle sense of control of the meeting discussion.

Module 4: Coaching Others

You may hesitate to coach others because you lack formal training in psychology and counseling. The truth is, coaching is less about psychology and counseling and more about good interpersonal skills and planning. Skills such as: forging a partnership, inspiring commitment, growing skills, promoting persistence, and shaping the environment will be explored.